Discussion Title: "Help Me Help You."	**Category**: Relationship

	Opening :	Pick 2-3 individuals to share. 5 minutes total.
1)	Show Jerry McGuire movie clip – "Help Me, Help You." (1 minute)	
2)	Who's the mentor and who's the mentee in this scenario?	
3)	What characteristics do you notice in Jerry McGuire? What characteristics do you notice in Rod Tidwell (football player)? Can you relate to either or maybe both? Mentoring relationships are important and it's important to ensure that the mentoring we're giving or receiving comes from a biblical perspective so we can help others help us and so others can help us to help them.	
4)	We're going to discuss a few characteristics from a biblical perspective that will help develop strong and spiritually-centered, mentoring relationships.	

Lesson:

Q.	What do you think some of those characteristics are? I'm going to describe 3 below that are beneficial to the foundation of any mentoring relationship:	Pick 1-2 individuals to answer each question (Q).
	1 Corinthians 13:1-8a	Keep track of time during the discussion. Keep the discussion focused and on point. Avoid going off on a tangent topic.
Q.	Why love? • When someone knows you love them, they know you have their best interest in mind • When someone knows you love them, it's easier to speak truthfully, even if it's not what they want to hear, but it's what they need to hear • When someone knows you love them, they're willing to listen to what you have to say • What else?	Additional notes:
	Philippians 2:3-5	
Q.	Why humility? - When two people are humble, they are open to "learning" from each other - When two people are humble, they give each other "the benefit of the doubt" - When two people are humble, they consider the other person before themselves - What else?	
	Proverbs 27:9	
Q.	Why friendship? - When two people are friends, they can be "real" with each other - When two people are friends, they're both invested in the relationship - When two people are friends, they desire to help each other grow/be better	
	Conclusion: As we strive to go deeper in our relationships with God, it's important that we go after strong mentoring relationships, following the example of Christ: "**And** Jesus **grew in wisdom and stature**, **and in** favor with God **and** man." ~ **Luke 2:52**	
	Faith in Action – Pray about who God desires to put in your life to be a spiritual mentor and/or mentee? Act on your prayer and seek those individuals out in your life.	
	Scriptures for personal study: Proverbs 27:6, Proverbs 27:17, Proverbs 9:9, Matthew 28:19-20 (we need to be taught about God's commands), Luke 11:1-4 (we need to be taught how to pray), John 13:1-17 (we need to be taught to serve).	